

# 100% ISO Protein

## All Natural 100% Whey Protein Isolate

Tastes Great • Shakes Up Easily

### Why is 100% Iso Protein a Great Choice to Add Protein to Your Diet?

100% Iso Protein is a pure, natural whey protein isolate, perfect for achieving a healthier body composition and increasing energy levels. 100% Iso Protein is a clean protein derived from 100% isolated whey protein. It contains no artificial flavours, additives, colours or sweeteners and is free from Bovine Growth Hormone or BSE. Convenient and easy to use, 100% Iso Protein shakes up instantly with no messy blender and is available in three tasty flavours: Chocolate, Vanilla, and Unflavoured (perfect for making fresh fruit smoothies).

### What Makes 100% Iso Protein a Superior Formula?

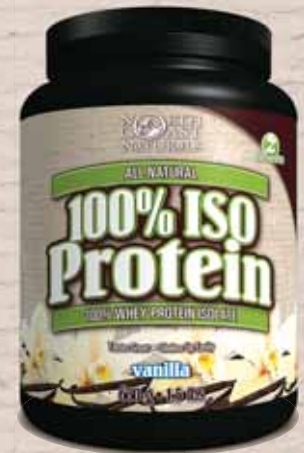
- 100% isolated whey protein
- 100% Iso Protein is gently isolated and cold filtered for superior protein quality
- No artificial flavours, additives, colours or sweeteners
- No artificial preservatives or sulfites
- No yeast, wheat or gluten
- Free from Bovine Growth Hormone or BSE
- Suitable for all body types and ages
- Convenient to use, shakes up easily with no blending required
- Available in three tasty flavours: Chocolate (made with Cocoa Camino), Vanilla, and Unflavoured (perfect for making fresh fruit smoothies)
- Easy to digest
- With the addition of lactase, 100% Iso Protein is considered completely lactose-free
- With added protease I & protease II to double the absorption of amino acids
- Contains both probiotics (non dairy bacterial culture) and prebiotics (inulin)

### 100% Iso Protein Delivers:

- Only 110 calories per serving
- 24 grams of protein in every serving
- Less than 1.5 grams of fat and just 3 grams of carbohydrate per serving
- Intact Undenatured Micro Fractions including:
  - Beta Lactoglobulin ~ Alpha Lactalbumin ~ Serum Albumin ~ Immunoglobulins
  - Lactoferrin ~ Lactoperoxidase ~ Lysozyme ~ Glycomacropeptide (GMP)



vanilla



CODE: 10005

SIZE: 680 g (1.5 lbs)

FLAVOUR: Vanilla

#### Typical Amino Acids per 100 g of Protein Acides aminés typiques pour 100 grammes de protéines

Alanine	4.4 g
Arginine	2.3 g
Aspartic Acid / Acide aspartique	10.3 g
Cystine / Cystéine	2.3 g
Glutamic Acid / Acide glutamique	10.1 g
Glutamine	7.2 g
Glycine	1.6 g
Histidine*	1.7 g
Isoleucine*	6.8 g
Leucine*	11.8 g
Lysine*	9.7 g
Methionine / Méthionine*	2.0 g
Phenylalanine / Phénylalanine*	3.0 g
Proline	4.8 g
Serine / Sérine	4.5 g
Threonine / Thréonine*	7.0 g
Tryptophan / Tryptophane*	1.7 g
Tyrosine	2.8 g
Valine*	6.0 g

\* 52% Essential Amino Acids /  
52% d'acides aminés essentiels

# 100% ISO Protein

## All Natural 100% Whey Protein Isolate

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### Side Panel Text

**Ingredients:** Whey Protein Isolate (Lactose Reduced Whey Protein from Ultra Filtered Whey, Gently Isolated & Cold Filtered), Whey Peptides, Natural Flavours (Vanilla with Stevia Powder), Organic Cane Juice Solids (1%), Inulin, Yogurt Bacterial Culture (*Lactobacillus fermentum*), Aminogen® Patented Enzyme (protease I and II), Lactose Reducing Preparation (lactase), Soya Lecithin (for easier mixing).

Whey protein isolates are already filtered to be 97-99.6% lactose-free. Lactose is a milk sugar that some people have difficulty digesting. 100% Iso-Protein "Lactose Free" is made by adding lactase enzyme, to help break down that last little bit of lactose into a form that may be even easier to digest for those with lactose intolerance.

Includes ingredients from: milk (lactose reduced whey protein) and soy (lecithin). Made on machinery that also handles powdered ingredients derived from egg, corn, wheat, peanut, seeds and nuts. Contains no artificial sweeteners, preservatives, colours or flavours.

**Suggested Use:** Mix or shake 1 scoop (29 g) of powder in 150-250 ml of water, milk, juice or your favourite beverage.

**PACKED BY WEIGHT, NOT BY VOLUME. SETTLING OF POWDER OCCURS AFTER PACKAGING. KEEP OUT OF DIRECT SUNLIGHT AND STORE IN A COOL, DARK PLACE. TAMPER EVIDENT OUTER SEAL – DO NOT USE IF BROKEN OR REMOVED.**

**Maintain strong bones and healthy skin, teeth, and nails.**



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vanilla

Nutrition Facts	
Valeur nutritive	
Per 29 g serving (1 rounded scoop)	
Par portion de 29 g (1 mesure comble)	
Amount	% Daily Value
Teneur	% Valeur quotidienne
<b>Calories / Calories</b> 110 (460 kJ)	
<b>Fat / Lipides</b> 0.9 g	1 %
Saturated / saturés 0.3 g	1 %
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 10 mg	4 %
<b>Sodium / Sodium</b> 60 mg	3 %
<b>Potassium / Potassium</b> 60 mg	2 %
<b>Carbohydrate / Glucides</b> 2 g	1 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	
<b>Protein / Protéines</b> 24 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	15 %
Iron / Fer	0 %
Riboflavin (B2) / Riboflavine (B2)	5 %
Niacinamide / Nicotinamide	120 %
Folate / Folate	5 %
Vitamin B12 / Vitamine B12	50 %
Pantothenate / Pantothénate	5 %
Phosphorus / Phosphore	10 %
Zinc / Zinc	15 %

Vanilla, 680 g (1.5 lbs)



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Distributed By:



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